

GROUP FITNESS TRAINING TIMETABLE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6AM	GROUP		GROUP			
	Group 9.30	GFT.8.30		8.30 GFT	8.30GFT	Group 7.45
		GFT 9.30			9.30GFT	
6PM	GROUP	GROUP		GROUP		



FIT2BE PERSONAL TRAINING STUDIO

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